



HELEN CODY

Still, for us, Ireland's most stylish designer; buying a piece of Cody's work is somewhere between buying a family heirloom and a work of art

Tel: (086) 260-5374

just sample the end-of-the-world lining by the lighthouse at the head. Best all, because so few know its secrets, you do it in peace.

9 STEAK AND EGGS, LEESIDE

ting on the river across from Cork's merging Commarket Street area, hardwood has burst on the scene as the ace for Leesiders in the know to enjoy sh Irish food with a twist of excitement, just a soothing steak and eggs brunch. *Hardwood Restaurant, 31 Popes Quay, Cork, tel: (021) 455-1494 or see www.hardwood.ie*

10 MTV'S LAURA WHITMORE

cause we always have room in our arts for totty with a brain, left.

11 GO NATIVE

u've probably seen it on TV, but there is substitute for a boat trip out to Skellig Michael on a summer's day. Climb up the precarious steps of this sea mountain and not to say 'bloody hell' when you reach the well-preserved, seventh-century monastic complex which is perched at the top. Then just sit with a few puffs

142 ON THE LOUGH IN LOVELY LEITRIM

Get away from the obvious and visit Lough Rynn Castle, once home to the biggest landlords in Ireland, the Earls of Leitrim, who lorded it not too kindly over 96,000 acres. Now this beautiful Victorian manor is a new hotel where all can enjoy the serene delights of Leitrim.

Lough Rynn Castle, Mohill, Co Leitrim, tel: (071) 963-2700 or see www.loughrynn.ie



143 THE IT COAT

From the pussy-bow collar to the cape sleeves, you'll love everything about this tweed winter coat from Dorothy

Perkins, left. At €112, the price is a mere bonus.

144 BOTOX

Sexy, stylish sisters and doctors, Katherine and Jane Mulrooney — often spotted in the social pages of the glossies — hail from a

long line of skin specialists, as the family business is Seavite, the renowned seaweed skincare range. Seek them out and they will design a skincare regimen specific to your needs from glycolic peels, microdermabrasion and laser to good ole Botox. Apparently, this is where all the ladies who lunch go.

Beacon Dermatology, Suite 36, Beacon Hall, Beacon Court, Sandycroft, D18, tel: (01) 213-6220 or see www.beacondermatology.ie



145 FAUX VINTAGE JEWELLERY

This season, oversized, vintage-style jewellery, above, is, quite literally, huge. Boodles has just released the Wonderland collection: 14 one-off pieces inspired by fairy tales, created using imperial topaz, black opal, tanzanite, ruby and diamond. *The Wonderland Collection is available to view from September 28 at Boodles, 71 Grafton St, D2, tel: (01) 679-0203*

146 VEGETABLE STALLS

It's time to stop paying over the odds for tired-looking supermarket veg and get back to the just-out-of-the-ground value available at vegetable stalls. You can find a great example of this at the back of the Blackrock market in Dublin, where JJ sells the kind of spinach and carrots that we thought had disappeared for good.

147 SEABREEZE AT SUNSET

Had a hard day? Want a cheap thrill? Pour a generous measure of vodka into a highball glass of cubed ice, add two parts cranberry juice, one part grapefruit juice. Garnish with mint and a slice of lime. Sip the pretty pink cocktail while watching the sun sink into the horizon.

148 ITALIAN DELICACIES

Marie Antoinette might have saved her head if she had only said: "Let them eat Il Valentino bread." Artisan, old-world Italian breads to die for, below. Savour the aroma, enjoy the crunchy crusts. Gorgeous coffees, daily pizza, ciabatta, focaccia, walnut and raisin loaf, pain au chocolat, eclairs. No nasty additives, all hand made. Simply pure.

